

# HAUTE ROUTE OF TOUR DU MONT BLANC

The essential Mont Blanc tour revisited for a wild and adventurous journey!

Reference · 329

Document generated on 14/05/2026

**DURATION**

**8 days**

**TRAVEL STYLE**

**Accompanied / guided**

**LUGGAGE**

**With luggage transfer**

**ACCOMMODATION**

**Classic (dormitory)**

**LEVEL**

**4/4 ★★★★★**

**FROM**

**1 390 €**

The Haute Route du TMB is an original circuit, far removed from the usual itineraries. Intended for experienced hikers, it takes place in a wild setting while retaining the character of the Tour du Mont Blanc, with major panoramic views and the crossing of major passes.

A small group for greater dynamism, accommodation chosen for its proximity to the mountains, an enthusiastic guide - the cocktail is ready for an exceptional week close to the peaks.

## You will love

- An original itinerary, with variants off the beaten track
- Incredible views of the Mont-Blanc Massif
- The discovery of wild spaces that you can cross without leaving a trace
- Close proximity to the high mountains
- Overnight stays in high-altitude refuges and at the Grand Saint Bernard hospice, a legendary Alpine landmark.

## Day-by-day itinerary

### DAY 1

**Meeting on the first day at 8.45 am in front of the Bellevue cable car in les Houches**

#### **LES HOUCHES - REFUGE DE TRE LA TETE**

First easy ascent via the Bellevue cable car! Traverse the Bionnassay glacier tongue, then climb to Col du Tricot (2120m). Descend to the beautiful Miage pastures, traverse above the Contamines valley via the Armancette valley and the beautiful Claudius Bernard trail. Night at the Tre-la-Tête refuge at the foot of the glacier with your head in the stars at an altitude of almost 2000m, **night without baggage**.

*7 hours walk / Elevation : + 1350 m ; - 1150 m / Distance : 15 km*

### DAY 2

#### **REFUGE TRE LA TETE - REFUGE ROBERT BLANC**

The day begins with a nice descent to the Combe Noire waterfall. Cross the Tré la Tête river then climb up through the Bonhomme valley before leaving the classic TMB route for the Jovets lakes and the Enclave pass. A wild and technical route with a few cabled passages to reach the refuge on the mountain balcony.

Night at altitude at the Robert Blanc refuge, in dormitory, **without luggage**.

*8 hours walk / Elevation : + 1700 m ; - 900 m / Distance : 14 km*

### DAY 3

#### **REFUGE ROBERT BLANC - REFUGE MONTE BIANCO**

Wild and technical traverse with cabled passages to reach Col de la Seigne (2516m). Here we rejoin the classic Tour of Mont Blanc route and immediately leave it and cross to the Mont Fortin. Crests dotted with fortifications dating from WW2 with breathtaking views into the Val Veny below and the southern slope of the Mont Blanc massif. We leave these sumptuous landscapes to reach the mountain pastures and the accommodation for the evening.

Night at the Monte-Bianco refuge.

*8 hours walk / Elevation : + 500 m ; - 1300 m / Distance : 19 km*

**DAY 4****COL DE MALATRA - RIFUGIO FRASSATI**

Transfer by local bus to Courmayeur, then in the Val Ferret to the hamlet of Lavachey where the hike begins. Climb up to the Malatra valley via the Bonatti refuge. At an altitude of 2,930 m, the Col de Malatra is a wild pass, sometimes still covered in snow until late in the season. Descend into the combe des Merdeux to reach the eponymous lake and the Frassati hut.

Night in refuge, **without the luggages**.

5 hours walk / Elevation : + 1300 m ; - 410 m / Distance : 10 km

**DAY 5****COL DE ST-RHEMY - HOSPICE DU GRAND-SAINT-BERNARD**

The route continues down the Combe des Merdeux to the Combe de Thoules. Cross the Col de Saint-Rhémy, then traverse the balcony to the Col du Grand-Saint-Bernard. Arrive at the Hospice du Grand-Saint-Bernard, a thousand-year-old crossroads in the heart of the Alps.

5 hours walk / Elevation : + 760 m ; - 830 m / Distance : 10 km

**DAY 6****FENÊTRE DE FERRET - LACS DE FENÊTRE**

Back to the Great St Bernard Pass to climb up to Fenêtre de Ferret. Descend due north to the Fenêtre lakes. If the sun is shining, you'll enjoy a breathtaking view of the high peaks of the northern part of the Mont-Blanc massif (Mont Dolent, Aiguille d'Argentière, Aiguilles Dorées, etc.). The route continues downhill until it reaches the Dranse de Ferret, which it follows to the hamlet of Ferret.

Transfer by bus to Champex-lac.

4.5 hours walk / Elevation : + 360 m ; - 1120 m / Distance : 10 km

**DAY 7****FENÊTRE D'ARPETTE - TRIENT**

Alpine day with an ascent along the Trient Glacier to reach the Fenêtre d'Arpette (2,700 m) via a high-altitude route before descending to Trient. Overnight stay in a gîte.

7 hours walk / Elevation : + 1040 m ; - 1380 m / Distance : 11 km

**DAY 8****LE TOUR - LAC BLANC - ARGENTIERE**

Ascent from the village of Le Tour to the Chéserys lakes and then to Lac Blanc, the final highlight of this Tour du Mont Blanc via the Hauts, offering unrivalled views of the king of the Alps. Descent through the forest to the village of Argentière.

6.5 hours walk / Elevation : + 1040 m ; - 1250 m / 14 km

**End of the hike around 3.00 pm in Argentière.**

**Return by bus to Chamonix or Les Houches.**

*The itinerary is established according to the latest information available, the possibility of unknown factors affecting this itinerary is possible including situations beyond our control which may change the route, timings etc. (depending on the natural conditions and the fitness of the group).*



## Dates and prices

| PERIOD                  | AVAILABILITY   | PRICE   |
|-------------------------|----------------|---------|
| 26/07/2026 - 02/08/2026 | Open departure | 1 410 € |

### THE PRICE

The price includes:

- Organizational costs and supervision by a qualified mountain leader;
- Half-board accommodation, picnics and snacks;
- Tourist taxes and shower tokens, if any;
- The cable car on D1;
- Luggage transport (except on days 1, 2 and 4) and road transfers.

The price does not include:

- Luggage transport on D1, D2 and D4;
- Personal expenses (drinks, etc.), visits;
- Airport taxes and other exclusions clearly and duly described on the corresponding data sheet;
- Cancellation assistance insurance ;
- Transportation to and from the meeting point.

**The price is all inclusive from departure to end point.**



## The journey

---

### LEVEL \*\*\*\*

Ascent: + 500 to + 1700 m on average per day.

Walking time: 7 hours per day.

Type of terrain: mountain trails with scree slopes and technical passages secured by cables.

You need to be in good general physical condition. Regularly practice an endurance sport such as walking, running or cycling, 6 to 8 hours a week. Your physical preparation will make your stay easier and more enjoyable.

Click here for a description of the different levels: [hiking levels](#)

### GUIDING

Maximum 10 people in a group supervised by a qualified professional mountain leader and high mountain guide. The mountain leader may adapt the programme to suit the level of the group and/or the natural conditions. As a last resort, he is the sole decision-maker

To thank your guide, it is usual to tip him at the end of the trek, according to your satisfaction. It is not mandatory but, it is very appreciated.

### ACCOMMODATION

8 nights in dormitory, in gites and refuges.

### MEALS

Breakfast and dinner are provided in each accommodation.

Picnics are included and are carefully prepared daily by your mountain leader and guide, comprising a variety of healthy salads and local products.

*We do our best to accommodate special diets (gluten-free, vegetarian, etc.). However, we encourage you to bring some additional products for your own picnics.*

### MAPS

IGN Top 25 - 3630 OT - Chamonix and Top 25 - 3531 ET - Saint Gervais (1/25 000)



## Practical information

---

### ACCESS TO DEPARTURE POINT

**Meeting on the first day at 8.45 am in front of the Bellevue cable car in Les Houches.**

#### BY TRAIN / BUS

Inbound: departure from Paris-Gare de Lyon the day before at 12:45pm arrival in Chamonix at 7:50pm.

Return: departure from Chamonix at 3:50pm arrive Paris-Gare de Lyon at 9:50pm.

[www.oui.sncf](http://www.oui.sncf)

There are regular buses throughout the whole Chamonix valley - with an hourly bus service between Montroc-le-Planet and Les Houches.

[www.chamonix.montblanbus.com/en/bus-lines](http://www.chamonix.montblanbus.com/en/bus-lines)

Return night train: in progress...

*Times given are indicative and should be verified at a train station or on the SNCF website.*

#### BY CAR

Take the A40 motorway to Chamonix, then follow the main road towards Argentière and Switzerland until you reach the village of Montroc (1 km after Argentière).

You can park at the free parking lot "Le Stade, Le Fayet" in Saint-Gervais-les-Bains and then take the train to your starting point. It's also possible to leave your car at the free parking area of the Prarion cable car in Les Houches (the end of your hike), but free spots are limited.

There is a large paid parking area in the village of Le Tour, about 1 km from the Montroc-Le-Planet meeting point.

If you prefer to leave your vehicle in a covered parking, please contact Chamonix Park Auto in Chamonix at +33 (0)4 50 53 65 71 (around €60-€70 per week).

#### CAR-SHARING

Get in touch with people to share

a lift! Here are some website recommendations: [www.blablacar.fr](http://www.blablacar.fr) <https://covoiturage-libre.fr> <https://www.laroueverte.com>  
[www.roulezmalin.com](http://www.roulezmalin.com)

#### CLOSEST AIRPORTS

##### Geneva (GVA)

1 hour by car to Chamonix.

Bus and minibus services direct to your accommodation (25-35€ pp each way)

##### Lyon (LYS)

2h15 by car to Chamonix.

Train every 2 hours to Chamonix, 4h15 journey (40-45€ pp return)

##### Paris (PAR)

7 hours by car to Chamonix.

Train every 2 hours to Chamonix / 5-6 hour journey (80-120€ pp return)

**End of the trek on the last day at 4:00pm at the bottom of the Charamillon gondola in Le Tour.**

### RETURN TO DEPARTURE POINT

---



At the end of the tour the way back to the departure point in Les Houches or to Chamonix is easy via bus.

## ACCOMMODATION BEFORE AND AFTER

By request we can book a bedroom for you before and/or after your trek.

[Hôtel de l'Arve\\*\\*\\* - Chamonix](#) : +33 (0)4 50 53 02 31

[Hôtel St Antoine\\*\\*\\*](#) - Les Houches: +33 (0)4 50 54 40 10

[Hôtel les Campanules\\*\\*](#) - Les Houches: +33 (0)4 50 54 40 71

[Chalet Alpin](#) - Le Tour: +33 (0)4 50 54 04 16

[Office du Tourisme de Chamonix](#) : +33 (0)4 50 53 00 24

If you book a night in the Chamonix valley, ask the hotel reception for a bus/train pass to use public transport for free in the Chamonix valley.

[www.chamonix.montblancbus.com/en/bus-lines](http://www.chamonix.montblancbus.com/en/bus-lines)

## INSURANCE

In accordance with regulations, we are covered by Professional Liability Insurance. In no case can we be responsible for your own Personal Liability. If you chose to take out repatriation insurance with EUROP ASSISTANCE whom we propose, Altitude Mont Blanc will only serve as an intermediary between the client and the insurer. We cannot influence either party. We adhere to strict conditions of sale. You are responsible for compliance with the reporting procedures of any incident.

Before making any decision, contact EUROP ASSISTANCE.

## CONTACT US

If you are late please contact the agency as soon as possible: **+33 (0)4 50 79 09 16** or **+33 (0)6 42 49 76 07**

## Equipment and luggage

---

### EQUIPMENT LIST

#### Clothing

- Walking trousers
- Shorts (Bikini/swimsuit, just in case!)
- Breathable or merino wool t-shirts
- Breathable or merino wool leggings
- Fleece or jumper
- Lightweight down jacket
- Wind stopper or Goretex jacket
- Waterproof poncho + gaiters or Goretex trousers + waterproof rucksack cover
- Pair of gloves and a warm hat
- Sun hat or baseball cap
- Walking socks (1 pair per day)
- Sturdy walking boots, already broken in with a good sole stiff enough to support crampons (no trail running shoes or flexible hiking shoes). Crampons to suit all types of hiking boots will be available, it is not necessary to have glacier mountaineering boots.
- 1 change of clothes for the evening
- A pair of comfortable shoes for the evening

#### Other Equipment

- Toilet bag
- Quick drying towel
- Sunglasses and sun cream
- Water bottle or Camelback (1.5 litre minimum)
- Knife, fork and spoon
- Plastic lunch box/plate for your picnic lunches (0.40L to 0.50L)
- Plastic cup for coffee
- Small First Aid kit (antihistamine, ibuprofen, Compeed type blister pads...)
- Survival blanket
- Head torch or hand torch
- Sleeping bag liner sheet and pillowcase (blankets provided at accommodation)
- Two adjustable walking poles (highly recommended for the climb to the summit)
- Identity card or passport

### BACKPACK

Bring a comfortable backpack of about 40 litres for your personal belongings for the day (warm clothes, waterproofs, water, plate and cutlery for your picnic, sunscreen and your identity papers) and please keep a little room to carry a picnic and snacks.



## LUGAGGE TRANSFER

You are allowed **1 soft, sports type bag, with all your possessions inside, of 10kg maximum per person**. Your luggage will be delivered daily, except on days 1, 2, 4 and 8. Access is not always easy. **Baggage which is too heavy won't be accepted by the drivers, please think of their backs!**

*If you wish to prolong your holiday, we can safely hold another bag for you which you may leave with us at the departure point and it will be deposited at the end point with your other baggage - 6€ per luggage per day.*

## YOUR BACKPACK FOR THE NIGHT WITHOUT LUGGAGE TRANSFER

**For nights 1, 2 and 4**, you won't have your luggage at the accommodation (you'll find it the next day). Here's some advice on what to bring (around 2 kg is enough!):

- a small toilet bag
- your sheet-bag
- a change of clothes for the next day (just what you need!) and comfortable clothes/shoes for the evening.



## Details

---

### HOW TO REGISTER

- By internet: [www.altitude-montblanc.com](http://www.altitude-montblanc.com)

- By telephone: +33 (0)4 50 79 09 16

- By post: Please provide your details

- Surname, First Name, Date of birth
- Address
- Email
- Telephone
- Mobile

If you wish to register by post, please complete the form below and return it to:

Altitude Mont-Blanc  
62 route du passage du nant Devant  
74110 MONTRIOND  
FRANCE

Please specify whether you wish to take out an optional cancellation insurance (4.2% of the tour price).

On receipt of your registration we will email an invoice (per couple) with a request for a deposit of 30% in association with your account details at Altitude Mont-Blanc

('My Account'). Payment can be made by credit card, bank transfer or by cheque. On receipt of your deposit you will receive a registration confirmation.

The balance must be paid one month before departure without a reminder from us.

For self-guided tours, we will then send your tour pack (includes maps, descriptive book etc.)

Our terms and conditions of sale can be found on our website.

Do not hesitate to contact us if you have any questions.



## Postal booking form

Complete this form and return it with your deposit.

**Last name** \_\_\_\_\_

**First name** \_\_\_\_\_

**Birth date** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone** \_\_\_\_\_

**Mobile phone** \_\_\_\_\_

**Email** \_\_\_\_\_

**Requested trip** **HAUTE ROUTE OF TOUR DU MONT BLANC** \_\_\_\_\_

**Number of days** **8** \_\_\_\_\_

**Insurance** \_\_\_\_\_

**Trip price** **1 390 €** \_\_\_\_\_

**Estimated deposit (30%)** **417 €** \_\_\_\_\_

**Signed in** \_\_\_\_\_

**Date** \_\_\_\_\_

**Signature**

**Return with your deposit to**

Altitude Montblanc, 62 Passage du Nant Devant, 74110 Montriond  
+33 (0)4 50 79 09 16 · info@altitude-montblanc.com